



REGISTRATION FORM

Saturday, July 24th

50 West Center, Mona

Same Day Registration/Check-In Starts 6:45 a.m.

Start time 7:15 a.m. (After Flag Ceremony)

No Dogs please (Unless it is a guide dog)

*****All entries receive a water bottle, chalk, Gaydean's cinnamon roll and an entry ticket for the raffle that takes place after the 5k*****

Entry Fee: \$5 & Canned Food
(The \$5 is for up to 1-4 participants)

Individual Participant Only

First Name: _____ Last Name: _____

City: _____ Age: _____ Gender: F / M

Family Only

<u>Participant Names</u>	<u>Age</u>	<u>Gender</u>	<u>Waiver Initials</u>
_____	_____	F / M	_____
_____	_____	F / M	_____
_____	_____	F / M	_____
_____	_____	F / M	_____
_____	_____	F / M	_____
_____	_____	F / M	_____
_____	_____	F / M	_____
_____	_____	F / M	_____

Liability Waiver & Release – Please Read and Sign (If under the family section, an adult signs below and all others initial above)

(Participant or Parent/Guardian must sign in order to be eligible to participate in the event). I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event, and in good condition. I know that this event is a potentially hazardous activity and I hereby assume full and complete responsibility for any injury or accident which may occur during my participation in this event and I hereby release and hold harmless and covenant not to file suit against Mona City, any event volunteers, and all other persons or entities associated with this event (the "releases") from any loss, liability or claims I may have arising out of my participation in this event, including personal injury or damage suffered by me or others, whether same be caused by falls, contact with participants, dog bites, conditions of the course, negligence of their releases or otherwise. If I do not follow all the rules of this event, I understand that I may be removed from the competition. I give permission for free use of my name and picture in any advertising or social media of this event. I understand that the entry fee is NON-REFUNDABLE.

Signature of Participant or parent/guardian if under age 18

Date